

# BAGELS.

<b>INSPREADIBLE</b> EF • GFIO • VO • DFO	10.0
Plain • Cream cheese & jam • Pic's peanut butter & jam • Honey • Pesto & cream cheese mix.	
<b>CRISPY BUFFALO CHICKEN</b>	17.0
Crispy chicken • Cream cheese • Buffalo sauce • Greens • Pickles • Aioli.	
<b>SALMON DELUXE</b> EF • GFIO • DFO	17.0
Smoked salmon • Cream cheese • Greens • Capers • Pickled red onion • Feta & herb dressing.	
<b>BACON &amp; EGG BREAKFAST BAGEL</b> GFIO	16.0
Fried egg • Streaky bacon • Seasonal greens • Hollandaise • Swiss cheese • Chilli jam.	
<b>LITTLE ITALY</b> EF • GFIO • DFO	16.0
Salami • Prosciutto • Mozzarella • Seasonal greens • Sundried tomato • Basil pesto • Aioli.	
<b>MUSHROOM BAGEL</b> V • DF • EF • GFIO	16.0
Miso glazed mushrooms • Greens • Tomato • Aioli.	

# ALL DAY.

<b>PEAR &amp; MAPLE RICE PORRIDGE</b> GFI • V • DF • EF • N	15.0
Spiced poached pear • Coconut milk • Gingerbread crumble • Maple syrup.	
<b>LOADED FUDGE WAFFLES</b>	16.0
Berry compote • Choc fudge sauce • Brownie crumble • Ice cream • Whipped cream.	
<b>CHICKEN, CRANBERRY &amp; BRIE TOASTIE</b> EF	16.0
Chicken • Cranberry sauce • Cream cheese • McClure's pickles • Brie • Spinach • Everything bagel seasoning.	
<b>SCRAMBLED EGGS</b> GFIO	16.0
Served on sourdough • Add - Bacon 4.0 • Salmon 6.0 • Halloumi 6.0.	
<b>TURKISH FRIED EGGS</b> GFI • N • LC	17.0
Feta & herb yoghurt • Everything seasoning • Chilli butter • Keto bap • Add - Bacon 4.0 • Salmon 6.0 • Halloumi 6.0.	
<b>MISO MUSHROOMS</b> V • DF • EF • GFIO	16.0
Served on sourdough • Add - Bacon 4.0 • Salmon 6.0 • Halloumi 6.0.	

# EXTRAS.

Bacon 4.0 • Fried egg 3.0 • Salmon 6.0 • Halloumi 6.0 • Crispy chicken 6.0 • Hash brown 2.0 • GFI Bap 1.5 • Keto Bap 2.5.

# COFFEE ESSENTIALS.

	6.	8.	12.	16.
FLAT WHITE	5.50	6.30	7.30	7.80
CAFÉ LATTE	5.50	6.10	7.10	7.60
CAPPUCCINO	5.50	6.30	7.30	7.80
LONG ESPRESSO	5.30	6.10	7.10	7.60
AMERICANO		5.30	6.30	6.80
SHORT ESPRESSO	5.00 (DEMITASSE)			
RISTRETTO	5.00 (DEMITASSE)			
SHORT MACCHIATO	5.00 (DEMITASSE)			
LONG MACCHIATO	5.50	6.10	7.10	7.60
PICCOLO LATTE	5.30 (PICCOLO)			

# COFFEE WITH A TWIST.

	6.	8.	12.	16.
CON PANNA	5.30 (DEMITASSE)			
CUBANO	5.50			
CHOFFEE	5.60	6.40	7.40	7.90
WHITE CHOFFEE	5.60	6.40	7.40	7.90
CAFÉ VIENNA	5.80	6.60	7.60	8.10
AFFOGATO	7.90			
	FIRST	SECOND	TULIP	TAKEAWAY
KIDS' FLUFFIES	FREE	1.00	2.00	2.00

## EXTRAS. (ADD 1.0)

Almond milk | Coconut milk | Oat milk | Soy milk | Liquid cream | Espresso shot | Flavoured syrup shot | Whipped cream (add .50)

# HOT DELIGHTS.

HOT CHOCOLATE   WHITE HOT CHOCOLATE	5.60 <sup>6.</sup>	6.40 <sup>8.</sup>	7.40 <sup>12.</sup>	7.90 <sup>16.</sup>
CHAI LATTE Vanilla   Spiced	5.60	6.40	7.40	7.90
MATCHA LATTE with oat milk		6.90	7.40	8.40
STEAMER	5.60	6.40	7.40	7.90
HOT SOOTHER Blackcurrant   Lemon & Honey	5.60	5.80	6.80	7.30
TEA Black   Green   Herbal   Fruit	5.80 (POT FOR ONE)			

# SMOOTHIES.

BANANA PLUS Banana   Cinnamon   Honey   Yoghurt.	11.50
VERY BERRY Mixed berries   Banana   Honey   Yoghurt.	11.50
ENERGIZER DF • V • N Peanut butter   Espresso   Banana   Almond Milk   Dates.	11.50
TROPICAL DOSE DF • V Passionfruit   Mango   Banana   Pineapple   Orange.	11.50
GREEN GOODNESS DF • V Spinach   Banana   Mango   Apple   Coconut water.	11.50

# NICE ON ICE.

FRAPPÉ Chocolate   Choffee   Espresso   Spiced Chai   Vanilla Chai	10.50
CARAMEL ESPRESSO FRAPPÉ	11.50
ICED ESPRESSO   ICED CHOCOLATE   ICED CHOFFEE	10.50
ICED TEA	7.60
	REGULAR LARGE
ICED AMERICANO	6.90 7.90
ICED LATTE	7.50 8.50
ICED MATCHA with oat milk	7.90 8.90
ICED CHAI	7.50 8.50
COLD-PRESSED JUICE Apple   Orange	7.50 9.50