

Bagels.

INSPIREADIBLE EF•GFIO•VO•DFO 9.0

Plain • Cream cheese & jam • Pic's peanut butter & jam • Honey • Pesto & cream cheese mix.

HOT HONEY CRISPY CHICKEN DF 17.0

Crispy chicken • Tomato • Hot honey • Greens • Pickled red onion.

B.L.T DF•EF•GFIO 16.0

Streaky bacon • Greens • Tomato • Aioli • Chilli jam.

SALMON DELUXE EF•GFIO•DFO 16.0

Smoked salmon • Cream cheese • Greens • Capers • Pickled red onion.

BACON & EGG BENE BAGEL GFIO 16.0

Fried egg • Streaky bacon • Seasonal greens • Hollandaise • Swiss cheese • Chilli jam.

HALLOUMI & SWEET RED PEPPER EF•GFIO 16.0

Grilled halloumi • Seasonal greens • Tomato • Sweet Red Pepper relish • Aioli.

PLANT PROTEIN POWER V•DF•EF 16.0

Vegan chick*n • Seasonal greens • Pea & edamame smash • Aioli.

Extras.

Bacon 4.0 • Fried egg 4.0 • Salmon 6.0 • Halloumi 6.0 • Crispy Chicken 6.0

GFI Bap 1.5 • Keto Bap 2.0

All Day.

CHERRY & COCONUT PORRIDGE V•DF•EF•N 13.0

Coconut yoghurt • Coconut milk • Cherry & pear compote • Nutty gingerbread crumble.

CHOCOLATE BANANA BREAD EF•VO•DFO 16.0

Coffee & maple mascarpone • Cherry compote.

BISCOFF CHEESECAKE PANCAKES 16.0

Cheesecake mascarpone • Biscoff drizzle • Biscoff crumb • Maple syrup.

SCRAMBLED EGGS GFIO 16.0

Served on sourdough toast • Add - Bacon 4.0 • Salmon 6.0 • Halloumi 6.0

KETO EGGS BENE GFI•N 17.0

Choose salmon, bacon or halloumi.

SMASHED PEA & KUMARA FRITTER GFI•V•DF•EF 16.0

Pea & edamame smash • Seasonal greens • Toasted seeds

Extras.

Bacon 4.0 • Salmon 6.0 • Halloumi 6.0 • Crispy Chicken 6.0

Dietaries.

GFI - GLUTEN-FREE INGREDIENTS | V - VEGAN | DF - DAIRY FREE | EF - EGG FREE

N - CONTAINS NUTS | GFIO - GLUTEN-FREE INGREDIENTS OPTION

VO - VEGAN OPTION | DFO - DAIRY-FREE OPTION | EFO - EGG-FREE OPTION

Everything we make instore may have come into contact with other products in our shared kitchen. If you're ultra-sensitive to any allergens, please let us know and be extra careful.